**Multiple Intelligence:** Eight Ways to Be Talented

Read each statement. Record your rating for each statement below the corresponding number on your summary booklet. Use the following rating scale:

**1 (not at all like me) to 5 (definitely me)**

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| **Verbal / Linguistic** |
| 1. I like puns and other play on words.-4  2. I enjoy doing crossword puzzles and playing games like Scrabble.2  3. I remember things exactly as they are said to me.3  4. I like to take part in debates and discussions.3  5. I prefer long and short written answers over multiple-choice responses.1  6. I enjoy keeping a journal and/or writing stories and articles.1  7. I like to read.1 |

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| **Logical / Mathematical** |
| 1. I work best at an organized work area.3  2. I enjoy math and/or science.3  3. I keep a “things to do” list.1  4. I enjoy brainteasers and games such as Jeopardy and Clue.1  5. I like to ask “why” questions about issues and concerns.4  6. I quickly grasp cause-and-effect relationships.3  7. I am good at estimations.4 |

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| **Visual / Spatial** |
| 1. I understand what colours work well together.5  2. I enjoy solving jigsaws, mazes, and/or other visual puzzles.2  3. I read charts and maps easily.5  4. I have a good sense of direction5.  5. I like to watch movies.5  6. I have very vivid dreams.4  7. I can anticipate the moves in a game plan (e.g. “hockey sense”).5 |

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| **Interpersonal** |
| 1. I interact well with people.4  2. I enjoy team sports rather than individual sports.5  3. Being around people energizes me.4  4. I like group activities better than ones I do alone.5  5. I enjoy learning about different cultures.4  6. I usually talk over my personal problems with a friend.2  7. I enjoy sharing my ideas and feelings with others.5 |

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| **Intrapersonal** |
| 1. I am a private person, and I like my private inner world.1  2. I have a few close friends.1  3. I have strong opinions about controversial issues.3  4. I work best when the activity is self-paced.2  5. I am not easily influenced by others.3  6. I understand my feelings, and know how I will react to situations.2  7. I understand that I am responsible for my own behaviour.5 |

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| **Bodily / Kinesthetic** |
| 1. I like to move, tap, or fidget when sitting.5  2. I participate in extreme sports (snowboarding, mountain biking, etc.).5  3. I tend to touch objects to examine their textures.5  4. I am well coordinated.5  5. I like working with my hands5.  6. I prefer being physically involved to sitting and watching.5  7. I understand better by doing (touching, moving, interacting).5 |

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| **Musical / Rhythmic** |
| 1. I play music in my head.3  2. I make up rhymes to remember things.2  3. It is easy for me to follow the beat of music.4  4. I like setting songs and poems to music.1  5. I keep time when music is playing.2  6. I can hear an off-key note.3  7. I feel proud of my musical accomplishments.2 |

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| **Naturalist** |
| 1. I have a collection (e.g. shells, mugs, rocks, hockey cards).2  2. I notice similarities and differences in trees and flowers.2  3. I am actively involved in protecting the environment.3  4. I enjoy digging for artifacts and finding unusual items.1  5. I like planting and caring for a garden.1  6. I enjoy fishing and tracking.5  7. I learn best when I can go on field trips – outdoors, or to museums.4 |

\*\*\*Add up the ratings/points for each type of intelligence to determine your top intelligences.